



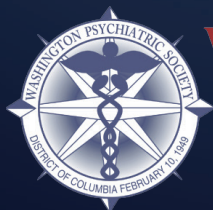
THE WASHINGTON PSYCHIATRIC SOCIETY PRESENTS

The 2026 Presidential Symposium and Gala

“STATE OF PSYCHIATRY IN THE NATIONAL CAPITAL REGION”

7900 CONNECTICUT AVENUE • CHEVY CHASE, MD 20815

APRIL 18, 2026 • 3:00 P.M. – 9:00 P.M.



**Washington
Psychiatric Society**

THE WASHINGTON PSYCHIATRIC SOCIETY PRESENTS

The 2026 Presidential Symposium and Gala

“STATE OF PSYCHIATRY IN THE NATIONAL CAPITAL REGION”

PROGRAM SCHEDULE FOR APRIL 18, 2026

3:00 - 4:30 pm	Annual Poster Competition & Sponsor Engagement ● Showcasing Poster Presentations from Medical Students, Residents, and Fellows ● Sponsor Engagement ● Networking with Institutional Partners ● Passed Hors d’oeuvres
4:30 - 5:00 pm	Social Engagement ● Continued Networking and Refreshments
5:00 pm	Symposium Opening ● Todd Cox, MD, DFAPA, WPS President, 2025-2026 Welcome Remarks ● Matthew Rudorfer, MD, CME Committee Chair Introduction of the Keynote Speaker
5:30 pm	Keynote Address ● Mark Rapaport, MD, APA President-Elect
6:15 pm	Leadership Panel Panelists include: ● Amir Afkhami, MD - George Washington University ● Mayada Akil, MD - MedStar/Georgetown University ● Linda Lang, MD - VHC Health ● John Magera, MD - Walter Reed National Military Medical Center ● Farooq Mohyuddin, MD and Enrico Suardi, MD - Saint Elizabeths Hospital (DBH) ● Maryland Pao, MD - National Institute of Mental Health ● James Potash, MD - Johns Hopkins Medicine ● Adelaide Robb, MD - Children’s National ● Samuel C. Schiavone, MD - Inova ● Richard Schottenfeld, MD - Howard University
7:00 - 8:00 pm	Awards & Recognition Dinner ● Seth Rosenblatt, MD, WPS Secretary, 2025-2027 Recognition of 2025-2026 Awards and Special Recognition ● Matthew Rudorfer, MD, CME Committee Chair Recognition of 2026 Poster Competition Winners ● Humaira Siddiqi, MD, WPS President-Elect, 2026-2027 Introduction of New Board Members Sponsor Highlights ● Elizabeth Morrison, MD WPS Education Foundation
8:00 - 9:00 pm	Social Engagement - Networking and Continued Engagement

TABLE OF CONTENTS

MEET THE WPS PRESIDENT TODD COX, MD, DFAPA	4
MEET THE CONTINUING MEDICAL EDUCATION CHAIR MATTHEW V. RUDORFER, MD, DLFAPA	5
MEET THE KEYNOTE SPEAKER MARK RAPAPORT, MD, APA PRESIDENT-ELECT	6
MEET THE PANELISTS	7
• AMIR A. AFKHAM, MD – GEORGE WASHINGTON UNIVERSITY	
• MAYADA AKIL, MD – MEDSTAR/GEORGETOWN UNIVERSITY	
• LINDA LANG, MD – VHC HEALTH	
• JOHN R. MAGERA, MD – WALTER REED NATIONAL MILITARY MEDICAL CENTER	
• FAROOQ MOHYUDDIN, MD AND ENRICO SUARDI, MD – SAINT ELIZABETHS HOSPITAL (DBH)	
• MARYLAND PAO, MD – NATIONAL INSTITUTE OF MENTAL HEALTH	
• JAMES POTASH, MD – JOHNS HOPKINS MEDICINE	
• ADELAIDE ROBB, MD – CHILDREN’S NATIONAL	
• SAMUEL C. SCHIAVONE, MD – INOVA	
• RICHARD SCHOTTENFELD, MD – HOWARD UNIVERSITY	
AWARDS AND RECOGNITION	
WPS SECRETARY: SETH ROSENBLATT, MD	
WPS PRESIDENT ELECT, 2026-2027: HUMAIRA SIDDIQI, MD	
WPS EDUCATION FOUNDATION: ELIZABETH MORRISON, MD	
MEET THE HONOREE OF THE DR. CHARLES PRUDHOMME HUMAN RIGHTS AWARD ANNELLE B. PRIMM, MD, MPH	13
PSYCHIATRIST OF THE YEAR EINDRA KHIN KHIN, MD, DFAPA	14
LIFETIME/DISTINGUISHED SERVICE AWARD (2) FAROOQ MOHYUDDIN, MD, FAPA AND JOHN LIVINGOOD, MD, LFAPA	15
WPS LEADERSHIP AWARD ENRICO SUARDI, MD	16
SENATOR PAUL AND SHEILA WELLSTONE VISIONARY AWARD SAINT ELIZABETHS HOSPITAL ACCEPTED BY MARK J. CHASTANG	17
EARLY CAREER PSYCHIATRIST OF THE YEAR JA’NELLE BLOCKER, MD, ABOIM	18
RESIDENT OF THE YEAR (2) HIRA MOHYUDDIN, MD AND ENQUE DERESSE ENDESHAW, MD	19
SPECIAL RECOGNITION:	20
• DR. KIARASH YOOSEFI	
• DR. HIRA MOHYUDDIN – RFM MERIT AWARD – AREA 3	
• DR. DANIEL WESLEY – RFM MERIT AWARD – AREA 3	
• DR. CONSTANCE E. DUNLAP – APA SOLOMAN CARTER FULLER AWARD	
• DR. MANSOOR MALIK – APA CHESTER PIERCE HUMAN RIGHTS AWARD	
• WPS – APA DISTRICT BRANCH AWARD	
THANK YOU TO OUR POSTER COMPETITION SUBMITTERS	21
CONTINUING MEDICAL EDUCATION CREDIT AND PRESENTER DISCLOSURE.....	22
A SPECIAL THANK YOU TO OUR SPONSORS.....	23
THANK YOU TO OUR SPONSORS OF RESIDENTS AND STUDENTS	28
WPS 2026-2027 INCOMING BOARD OF DIRECTORS.....	29
WPS EDUCATIONAL FOUNDATION.....	30
THANK YOU	31



MEET THE 2025-2026 WPS PRESIDENT TODD COX, MD, DFAPA

Todd Cox, MD, DFAPA is a magna cum laude graduate of Georgetown University and The Johns Hopkins University School of Medicine. He remained at Johns Hopkins for his residency training and served as the psychiatric chief resident. Following his training, he was appointed to the Johns Hopkins faculty and treated adolescents and adults with multiple psychiatric issues, including mood disorders, anxiety disorders, schizophrenia, eating disorders, chronic pain, and comorbid medical issues. Dr. Cox relocated to Washington, D.C. and joined the Georgetown University psychiatry faculty, serving as Medical Director of Georgetown's hospital-based programs and oncology program. At this time, Dr. Cox cares for patients in his private practice located in downtown Washington, D.C. He has served as the consulting psychiatrist for St. Mary's College of Maryland and The Sidwell Friends School, and he has working relationships with many of the other high schools and colleges in the Baltimore-Washington area. He also has been a treating psychiatrist in Student Mental Health on The Johns Hopkins Medical Institutions campus.

He continues to serve on the faculties of both Johns Hopkins and Georgetown and is an active teacher and mentor of students, residents, and fellows at both institutions. Dr. Cox is board certified through the American Board of Psychiatry and Neurology, is a Distinguished Fellow of the American Psychiatric Association, and is a fellow of the prestigious American College of Psychiatrists. He also serves as chair of the Ethics Committee and is on the board of the Washington Psychiatric Society. He has been routinely recognized by numerous publications including *Washingtonian* magazine, *Washington Checkbook*, and *Northern Virginia* magazine as a "Top Doctor" and "Top Therapist," has been honored by the Consumers' Research Council of America as one of "America's Top Psychiatrists," and designated by Vitals as a "Patients' Choice Award" winner and a "Most Compassionate Doctor."

Under Dr. Cox's leadership, the Washington Psychiatric Society has transformed how it connects, develops, and leads — modernizing communications, building a sustainable internship pipeline, and launching high-impact initiatives that engage members at every career stage. From the growing influence of the Career, Leadership, and Mentorship (CLM) Podcast Program to expanded legislative advocacy, enhanced Continuing Medical Education (CME), and a fully reimagined Member Focus publication and website, WPS has set a new standard for innovation and impact. These results have not only elevated the organization—they have earned it the 2026 District Branch Best Practice Award, underscoring a clear trajectory of excellence and momentum.



MEET THE CONTINUING MEDICAL EDUCATION CHAIR MATTHEW V. RUDORFER, MD, DLFAPA

Matthew V. Rudorfer, MD, DLFAPA is a Distinguished Life Fellow of the American Psychiatric Association, and for the past five years has served as Chair of the WPS Continuing Medical Education Committee. In addition to a part-time private practice in Montgomery County, for the past four decades he has worked in the intramural and extramural programs of the National Institute of Mental Health, initially working on novel antidepressant medication development, and currently serving as Chief of the Somatic Treatments, Psychopharmacology, and Integrated Treatments Program in the Division of Services and Intervention Research. In this position Dr. Rudorfer helps oversee and provide scientific liaison to several national multisite clinical trials. Program Chair of the annual NCDEU treatment research meeting for a dozen years, Dr. Rudorfer is also past Editor-in-Chief of the peer-reviewed *Psychopharmacology Bulletin*. He currently serves on the editorial boards of the *Journal of ECT* and *CNS Drugs*, recently co-authored a book chapter on the ethics of mental health intervention research, and in the past drafted and edited the sections on adult and geriatric treatment in the only Surgeon General's Report on Mental Health ever published. A former Member and Chair of the FDA Psychopharmacologic Drugs Advisory Committee, he often serves as an unbiased source of treatment information to the media and general public. He taught a brief course on *Psychiatry 101* in the Spring 2023 semester at the Osher School of Lifelong Learning of Johns Hopkins University. Board Certified in Psychiatry and Clinical Pharmacology, Dr. Rudorfer, a native of Brooklyn, received his medical degree from the State University of New York — Downstate College of Medicine and trained in psychiatry at Washington University in St. Louis before coming to NIH.



MEET THE KEYNOTE SPEAKER
MARK RAPAPORT, MD, APA PRESIDENT-ELECT
INCOMING APA PRESIDENT, 2026-2027

Mark Hyman Rapaport MD serves as the CEO of the Huntsman Mental Health Institute at the University of Utah, the William H. and Edna D. Stimson Presidential Endowed Chair, and the Chair of the Department of Psychiatry at the Spencer Fox Eccles School of Medicine at the University of Utah. Prior to moving to Utah, he was the Reunette Harris Chair of the Department of Psychiatry and Behavioral Sciences at Emory University School of Medicine, the Chief Psychiatric Officer for Emory Healthcare, and a founding Co-Director of the Emory Brain Health Center. He has served as the Chair of Psychiatry and Behavioral Neuroscience at Cedars Sinai Medical Center, and Vice Chair of Psychiatry at the David Geffen School of Medicine at UCLA. He held the Polier Endowed Chair in Schizophrenia Research at Cedars-Sinai.

Dr. Rapaport has dedicated his professional life to focusing on one goal, to make contributions that may leave the world a little better because of his presence. That is the reason he chose to be a physician and to specialize in psychiatry. He pursued an academic career because it allowed him to pursue his professional passions: care of patients, research, teaching, and care for the community. Dr. Rapaport has published over 200 peer reviewed research papers and has had peer-reviewed research funding since 1992. His work has focused on the interactions between the brain and the immune system as well as clinical psychopharmacology and complementary medicine. He has been a mentor to hundreds of trainees through the New Investigator Program that he started for the NIMH NCDEU meeting which became the ASCP annual meeting. He also co-founded with Debbie Hales, and is currently the Editor-in-Chief of, the APPI journal "Focus" which is designed to help busy clinicians stay up-to-date with advances in the field of psychiatry. "Focus" was the first major journal in the field to devote entire issues to LGBTQ+ and underrepresented minority mental health concerns. Dr. Rapaport is chairing a Grand Challenge called "Stop Stigma Together" that has over 300 organizations involved in a decades long movement to eliminate the prejudice, guilt, shame, and lack of parity that our patients and out field face. He also is partnering with the Ad Council on the, "Love, Your Mind" campaign to normalize mental health.

MEET THE PANELISTS



Amir A. Afkhami, MD, Ph.D. currently serves as the Vice Chair for Clinical Affairs and the Director of Medical Student Education of the GW Department of Psychiatry and Behavioral Health. He is internationally recognized for his work in medical education, public health policy and the history of medicine. Dr. Afkhami is the author of the award-winning book: *A Modern Contagion: Imperialism and Public Health in Iran's Age of Cholera* (Johns Hopkins University Press, 2019). He has also served on the legislative staff of US Sen. Debbie Stabenow (D-MI), where he helped with the development and passage of the landmark 2014 legislation that established enhanced funding and service criteria for Certified Community Behavioral Health Clinics (CCBHC), recognized as one of the largest and most successful government-funded behavioral health programs in U.S. history. Internationally, Dr. Afkhami planned and led the U.S. State Department's Iraq Mental Health Initiative (IMHI) and the psychosocial components of the Afghanistan Civilian Assistance Program (ACAP-II) which have since been adopted as model interventions to mitigate the mental health consequences of conflict and mass violence against civilians. Dr. Afkhami is a Distinguished Fellow of the American Psychiatric Association

(APA) and has received numerous honors from his peers, professional societies, and governments including the APA's Roeske Award for Excellence in Medical Education and the 'Psychiatrist of the Year' award from the Washington Psychiatric Society.



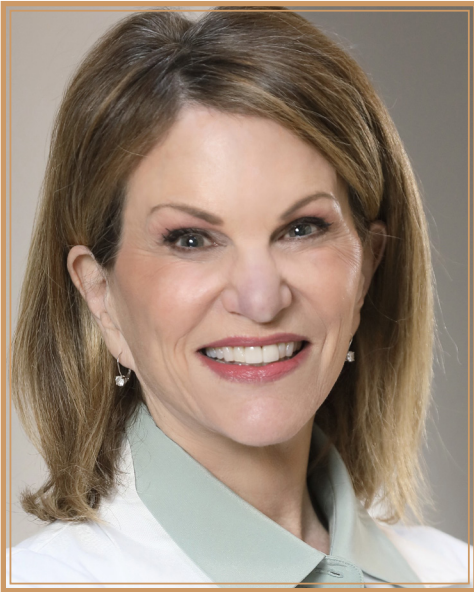
Mayada Akil, MD is a Professor of Psychiatry and the Vice Chair for Education at the Department of Psychiatry, Georgetown University School of Medicine and Medstar Behavioral Health.

Dr. Akil trained as a psychiatrist at the University of Michigan. She completed a research fellowship at the Department of Psychiatry at the University of Pittsburgh. She then joined the faculty at the Departments of Psychiatry and Neurology where she worked with patients, developed a neuroscience and neuropsychiatry course for psychiatry residents and conducted basic research on the pathophysiology of schizophrenia.

Dr. Akil moved to the Intramural Program at the National Institute of Mental Health (NIMH) in 1996 where she continued her basic research. She was later appointed as a Senior Advisor to NIMH Director from 2003 to 2012. At NIMH, Dr. Akil identified the need for neuroscience education in psychiatry and undertook a number of efforts to promote it. She started the tradition of "Brain Camp", developed neuroscience educational modules and promoted the importance of neuroscience education to psychiatry nationally and internationally.

Dr. Akil joined the Department of Psychiatry at Georgetown University in 2007. As the Vice Chair for education, she is in charge of Medical Student Education, the Residency Training Program, psychology training program and two fellowships. Dr. Akil is involved in the teaching and training of medical students, residents and fellows in the department of Psychiatry and at the school of medicine. She directs the Mood and Anxiety Disorders Program at Georgetown.

Dr. Akil is a member of the American College of Psychiatrists, a fellow of the American Psychiatric Association and on the Board of the National Neuroscience Curriculum Initiative. She has been a member of the SOBP for many years and is the past chair of the SOBP Education Committee. Dr. Akil is the recipient of numerous awards including the Health & Human Services Secretary's Award for Distinguished Service, The SOBP Teacher of the Year Award and the Louis F. Rittelmeyer, Jr., MD, Teaching Award from Georgetown University.



Linda Lang, MD is the Chief of the Behavioral Health Service Line and Chair of Psychiatry at VHC Health, where she provides strategic leadership to advance a comprehensive model of behavioral health care that aligns with evolving mental health needs across Virginia. She is committed to improving access to high quality psychiatric services, strengthening clinical pipelines, and driving sustainable models of care delivery that prioritize outcomes and human experience. She also serves as Board Chair at HopeLink Behavioral Health, supporting community crisis services throughout Virginia. Previously, Dr. Lang was President of the Behavioral Health Service Line and Chair of Psychiatry at Inova Health System, where she led large scale system transformation efforts including enterprise-wide implementation of depression screening and measurement based care, the development of a residency training program in Psychiatry, and expansion of psychiatric services across northern Virginia. Dr. Lang is deeply committed to mentoring emerging leaders and shaping the future of psychiatry through innovation, collaboration, and a renewed focus on empathy .



John R. Magera, MD is a distinguished, board-certified psychiatrist and a Lieutenant Colonel in the U.S. Army Medical Corps, currently serving as the Program Director for the National Capital Consortium Psychiatry Residency at Walter Reed National Military Medical Center. With dual fellowship training in Geriatric Psychiatry and Consultation-Liaison Psychiatry, Dr. Magera has built a career focused on clinical excellence, academic leadership, and dedicated service to military personnel and their families.

Dr. Magera earned his Bachelor of Science in Biology from Siena College and his Doctor of Medicine from SUNY Upstate Medical University. He completed his psychiatry residency at Tripler Army Medical Center, where he was selected to serve as Senior Chief Resident. Seeking to deepen his expertise, he pursued two consecutive fellowships at Walter Reed National Military Medical Center in Consultation-Liaison Psychiatry and Geriatric Psychiatry.

Throughout his decorated military career, Dr. Magera has held significant leadership roles. Prior to his current appointment, he was the Program Director for the Psychiatry Residency at Tripler Army Medical Center. His operational experience includes serving as the Officer in Charge of Psychiatry for the 85th Medical Detachment, 10th Combat Support Hospital in Camp Buehring, Kuwait. He also holds an academic

appointment as an Assistant Professor of Psychiatry at the Uniformed Services University of the Health Sciences.

A dedicated mentor and educator, Dr. Magera has been twice awarded “Faculty of the Year” for his outstanding teaching and clinical supervision. He has presented at national conferences on topics ranging from diagnostic reasoning to the treatment of traumatic brain injury in soldiers. His military awards include the Meritorious Service Medal, the Army Commendation Medal, and the Humanitarian Service Medal.

Dr. Magera lives in Columbia, MD with his wife, two children, and two dogs.



Farooq Mohyuddin, MD, CGP, FAPA, FAGPA is a psychiatrist and an educator. He is the Chair of Psychiatry Training and Director of Psychiatry Residency Training Program at Saint Elizabeths Hospital, Washington DC. Dr. Mohyuddin is past Chair of National Group Psychotherapy Institute, Washington School of Psychiatry. He is past president of Washington Psychiatric Society. He is an assistant clinical professor of Psychiatry at George Washington University, School of Medicine and Faculty Department of Psychiatry at Howard University School of Medicine. His primary interests include medical education, psychiatric leadership and group psychotherapy. He is Chair of the Administration and Leadership Committee of the national think tank, Group for Advancement of Psychiatry. He is the past President of Mid-Atlantic Group Psychotherapy Society. He is also the Co-Chair Public Affairs Committee AGPA. He is in Private Practice in Alexandria, VA. He has presented and published on a wide range of topics in Psychiatry. In 2021 he was awarded the National Harold Bernard Award for outstanding contributions to Group therapy education and training. He was awarded the Exceptional Leadership award from Washington Psychiatric Society in 2021 and also awarded Psychiatrist of the year award from Washington Psychiatric Society in 2023.



Enrico Suardi, MD, MSc, MA, FAPA is director of psychiatry at Saint Elizabeths Hospital and the 2024-2025 President of the Washington Psychiatric Society. A diplomate of the American Board of Psychiatry and Neurology in psychiatry, child and adolescent psychiatry, and forensic psychiatry, he is on the psychiatric faculty at Saint Elizabeths Hospital, Georgetown University, and George Washington University. He is a Professor at the Institute of World Politics (IWP) and has served as chief child and family psychiatrist at the U.S. State Department. Dr. Suardi completed his M.D. and a residency in preventive medicine in Milan, Italy, and obtained an M.Sc. in Public Health and Policy from the London School of Hygiene and Tropical Medicine and an Executive M.A. in National Security Affairs at IWP.



Maryland Pao, MD is Clinical and Deputy Scientific Director of the National Institute of Mental Health. She was Chief of the Psychiatry Consultation Liaison Service in the NIH Clinical Center 2008-2019. Dr. Pao attended Wellesley College before completing a BA/MD program at Johns Hopkins University School of Medicine. She completed Pediatric, Psychiatric and Child & Adolescent Psychiatry training at Johns Hopkins Hospital. A Clinical Professor at Georgetown University, George Washington University and Johns Hopkins University Schools of Medicine, Dr. Pao studies coping and adaptation to medical illness. She has published more than 150 research articles and chapters and co-edited the Quick Reference for Pediatric Oncology Clinicians: The Psychiatric and Psychological Dimensions of Pediatric Cancer Symptom Management, 2nd ed, Oxford University Press, 2015. Dr. Pao co-developed the ASQ (Ask Suicide-Screening Questions), Voicing My CHOICES and Checking In. She received the 2012 AACAP Simon Wile Award, the 2022 AACAP Virginia Q. Anthony Outstanding Woman Leader Award and is a Distinguished Fellow of the APA. She is a past President of the Academy of Consultation-Liaison Psychiatry.



James Potash, MD has been the Henry Phipps Professor, Director of Psychiatry and Behavioral Sciences, and Psychiatrist-in-Chief, at Johns Hopkins since 2017. Before that he was Chair and Department Executive Officer of the University of Iowa Department of Psychiatry for six years. Dr. Potash graduated from Yale College. Following graduation, he served in the Peace Corps in the West African country of Senegal. He completed his master's degree in public health at Johns Hopkins, and then went on to medical school at Hopkins, medical internship at Hopkins Bayview, and a year working as a general practitioner in another West African country, Benin. He returned to do his psychiatry residency at Hopkins. He became the Mood Disorders Center research director before moving to Iowa. Dr. Potash's work has focused on investigation of the genetic and epigenetic basis of depression and bipolar disorder. These efforts have resulted in over 250 publications. Dr. Potash served as an officer of the International Society for Psychiatric Genetics and now is President-Elect for the American Association of Chairs of Departments of Psychiatry. He has been a member of the Council on Research and is currently on the Council on Healthcare Systems and Financing of the APA. In this latter role, he led a 2025 paper on The Future of the Psychiatrist. Dr. Potash is an active clinician who sees patients with depression and bipolar disorder. He does this in the inpatient and outpatient setting, and also in the mood disorders consultation clinic.



Adelaide Robb, M.D., is a psychopharmacologist with ongoing research studies in depression and mood disorders, anxiety and attention deficit disorder. She is Chief of the Division of Psychiatry and Behavioral Sciences at Children's National.

Dr. Robb, who trained at Johns Hopkins University and the National Institutes of Health, has been on the medical staff in the Division of Psychiatry and Behavioral Medicine since 1996, rising to the rank of professor (with tenure), as well as a distinguished professor of psychiatry and behavioral sciences. She is an internationally known clinical researcher and has participated in and led multiple therapeutic trials for children with a variety of behavioral and psychiatric conditions.



Samuel C. Schiavone, DO, FAPA, serves as the Divisional Chief of Inpatient Psychiatry at Inova in Northern Virginia. He joined Inova in 2023 as an inpatient psychiatrist following five years of service in the United States Navy, during which he held multiple clinical and leadership roles, including Medical Director of Inpatient Psychiatry and Service Chief for Consult and Liaison Psychiatry. In 2020, he was awarded the Humanitarian Service Medal, Meritorious Unit Commendation Medal, and Joint Service Commendation Medal for his dedication to psychiatric care during the COVID-19 pandemic.

Dr. Schiavone is an active clinician-educator with faculty appointments at the George Washington University School of Medicine, the University of Virginia School of Medicine, and the Uniformed Services University of the Health Sciences. He is deeply involved in medical education, providing clinical supervision and formal teaching to medical students and residents in psychiatry. In 2024, he was recognized as one of Washingtonian magazine's "Top Doctors" in Psychiatry, and in 2025 he received the University of Virginia School of Medicine's Excellence in Teaching Award for his work with second- through fourth-year medical students.

In 2025, Dr. Schiavone was promoted to Divisional Chief of Inpatient Psychiatry at Inova, where his work focuses on clinical excellence, education, and inpatient systems leadership. He will also serve as faculty for the newly established Inova/Northern Virginia Mental Health Institute Psychiatry Residency Program beginning this year.



Richard Schottenfeld, MD, LFAPA is Professor and Chair of the Department of Psychiatry and Behavioral Sciences and Director of the Center of Excellence on Behavioral Health at Howard University College of Medicine and Hospital. Dr Schottenfeld’s work focuses on addressing substance use disorder (SUD) and other behavioral health treatment needs and disparities in the United States and internationally through innovative interventions and service delivery models, clinical research, and training programs. His work has helped expand treatment access and reduce stigma by integrating addictions treatment in primary care, HIV specialty, and other medical settings. Prior to joining Howard, while at Yale University, he directed the major addictions treatment programs in the New Haven area and developed integrated primary care and SUD treatment services, specialized treatment services for pregnant and postpartum women with SUD, and an Open Access Model for initiating SUD treatment, including medications for opioid use disorder (MOUD). He also developed and directed Yale’s Addiction Psychiatry Residency Training Program; an addictions training program for faculty in Internal Medicine, Pediatrics,

and Psychiatry; and a NIDA-funded T-32 post-doctoral drug abuse clinical research training program. Since 2017 when he joined the faculty at Howard, the College of Medicine and Hospital have greatly expanded behavioral health treatment services and clinical training, started an Addiction Medicine Fellowship Training Program, and, in collaboration with their Community Advisory Board, initiated the “Better Together, Howard University-Community Partnership,” a NIDA-funded, Clinical Trials Network HEAL project (CTN-0088) that is developing and evaluating community-driven approaches for enhancing engagement and retention in evidence-based treatments for opioid use disorder in medically underserved communities that are experiencing the highest overdose death rates and the greatest disparities in treatment access and utilization in the District. Dr. Schottenfeld is lead PI on NIH HEAL/ NIDA CTN-0144, a multisite study in the District of Columbia, Chicago, and Miami that is evaluating the Better Together program for integrating treatment for Black persons with opioid use disorder in nonmedical community settings.



MEET THE HONOREE OF THE
DR. CHARLES PRUDHOMME HUMAN RIGHTS AWARD
ANNELLE PRIMM, MD, MPH

Annelle Primm, MD, MPH is a Baltimore, Maryland based community psychiatrist. She serves as Senior Medical Director of the Steve Fund, a nonprofit focused on the mental health of young people in the transition from adolescence to early adulthood. Dr. Primm is also the leader of All Healers Mental Health Alliance, a national network of multidisciplinary health advocates that has facilitated culturally aligned responses to the mental health needs of marginalized communities affected by natural and human-caused disasters since Hurricane Katrina in 2005. Dr. Primm previously served as Deputy Medical Director and Director of the Office of Minority and National Affairs at the American Psychiatric Association (APA). She received her undergraduate degree from Harvard University, her medical degree from Howard University, and psychiatric training as well as a master's degree in public health from Johns Hopkins. Dr. Primm has been a co-author of numerous peer-reviewed articles. She is a co-editor of books including, *Disparities in Psychiatric Care* in 2010, *Women in Psychiatry: Personal Perspectives* in 2012, and the 2024 book, *Mental Health, Racism, and Contemporary Challenges of Being Black in America* which won the Creative Scholarship Award from the Society for the Study of Psychiatry and Culture that same year. She has received numerous awards and honors including Presidential Commendations from the APA. She is currently an Associate Professor of Psychiatry, part-time at Johns Hopkins. Dr. Primm is a Distinguished Life Fellow of the APA and a Fellow of the American College of Psychiatrists.



PSYCHIATRIST OF THE YEAR
EINDRA KHIN KHIN, MD, DFAPA



**LIFETIME/DISTINGUISHED SERVICE AWARD (2)
FAROOQ MOHYUDDIN, MD, FAPA AND
JOHN LIVINGOOD, MD, LFAPA**



WPS LEADERSHIP AWARD
ENRICO SUARDI, MD, MSc, MA, FAPA
WPS IMMEDIATE PAST PRESIDENT



**SENATOR PAUL AND SHEILA WELLSTONE VISIONARY AWARD
SAINT ELIZABETHS HOSPITAL
ACCEPTED BY MARK J. CHASTANG**



EARLY CAREER PSYCHIATRIST OF THE YEAR
JA'NELLE BLOCKER, MD, ABOIM



RESIDENT OF THE YEAR (2)
**HIRA MOHYUDDIN, MD AND
ENQUE DERESSE ENDESHAW, MD**

SPECIAL RECOGNITION

Dr. Kiarash Yoosefi – Special Recognition
Dr. Hira Mohyuddin – RFM Merit Award – Area 3
Dr. Daniel Wesley – RFM Merit Award – Area 3
Dr. Constance E. Dunlap – APA Solomon Carter Fuller Award
Dr. Mansoor Malik – APA Chester Pierce Human Rights Award
WPS – APA District Branch Award

WPS INTERNS 2025 -2026

Sokun Bagni: BS in Psychology, University of Maryland-College Park

Kaylin Camidge: MD Candidate 2027, Georgetown University, MPH, St. Ambrose University, BS in Biology and Psychology, Macaulay Honors College at Brooklyn College

Abigail Escobar: MD Candidate 2027, Georgetown University, BS in Public Health, The University of Texas at Austin

Reeda Eqbal: MD Candidate 2027, Georgetown University, BA in Psychology, Harvard University

Morgan Rice: BS in Biochemistry and Medical Ethics, Georgetown University

Urmi Roy: MS in Biophysics/Physiology, Georgetown University, BS in Neuroscience and History of Art, The Johns Hopkins University

Stella (Hye Sung) Ryou: MD Candidate 2026, Georgetown University, BS and MS in Neurobiology and Biophysics/Physiology, Georgetown University

Mary Tresvalles: MD Candidate 2027, Georgetown University, BS Behavioral Neuroscience, Northeastern University

THANK YOU TO OUR 2026 POSTER COMPETITION SUBMITTERS

Poster No.	Poster Title	Primary/Presenting Author
1.	Specialty Disrespect in Medical Training: Implications for Psychiatric Workforce Culture	Katalina Hicks, BS
2.	A Rare Case of Typhoid Fever Encephalopathy Presenting as Cotard's Syndrome.	Thomas Pacheco, MD
3.	Epigenetics of Psychosocial Interventions Beyond Psychotherapy: a Scoping Review	Mintimer Missarov, MD
4.	Impact of Emotional Neglect on Treatments for Anxiety Disorders: Mindfulness and Escitalopram	Mary Tresvalles
5.	Clozapine for Severe Conduct Disorder and Antisocial Personality Disorder: A Systematic Review of Efficacy and Feasibility	Tanner Nelson, MD/Jacob Ney, MD
6.	Understanding and Managing Deliberate Foreign Body Ingestion in Patients with Cluster B Personality Traits: A Scoping Review	Dominique Simpson, MS4
7.	Delusion Formation Linked to Conversational AI Use: A Review of Reported Cases	Maria Bower, MD
8.	Blue-Blocking Glasses for Bipolar Mania: A Review of Clinical Evidence and Future Research Directions	Jacob Ney, MD
9.	Bedside Psychotherapeutic Interventions in Consultation-Liaison Psychiatry: A Narrative Review	Amun Mustafa, MBBS/ Jacob Ney, MD
10.	Inflammatory Biomarkers and Treatment-Resistant Depression: A Targeted Review of Recent Clinical Evidence	Enque Endeshaw, MD
11.	Ketamine and Esketamine for Late Life Depression: Clinical Evidence, Safety, and Therapeutic Considerations	Norah Oles, MD
12.	Neurosteroid GABA-A Receptor Modulators for Postpartum Depression: Clinical Profiles of Brexanolone and Zuranolone	Katie Duhamel, MD
13.	Glutamatergic Abnormalities in Obsessive-Compulsive Disorder and Emerging Glutamate-Modulating Treatments for OCD	Dilasha Dotel, MD/Kwaku Asante
14.	Evaluating the Presence of Empathic Communication in ChatGPT- Produced Clinical Notes Using Established Communication Frameworks	Sydney Bowden, MPH
15.	Mindful Self-Compassion for Depression and Anxiety: Impact of Pre-Existing Antidepressant Use	Alyssa Kania, MD
16.	A Case of Alleged Matricide in Atypical Capgras Syndrome	Radwa Hanafy, Mbbch, MSc
17.	Recent Findings on Developmental and Mental Health Outcomes Following Infant Adoption	Mariam Mikadze, MD
18.	Peripheral Hearing Loss Is Linked to Reduced Perisylvian — White Matter — Not Cortical Gray Matter — Volume in Memory Clinic Patients	Dhilan M. Thapar, MD
19.	Triple Track: Treating Nicotine Addiction in a Non-Intensive Outpatient Program Setting	Abigail Escobar, BS
20.	Rejuvenating the Psychiatry Call Room: A Resident-Led Quality Improvement Initiative to Enhance Functionality, Patient Safety, and Resident Wellbeing	Ramsin Yadgar, MD
21.	Exosomes for Precision Psychiatry in Bipolar Spectrum Disorder	Dean Pucciarelli, BA
22.	Beyond Mental Health Symptom Reduction: Maternal Functioning and Dyadic Outcomes to Inform Quality Improvement of the MedStar Georgetown Mother-Baby IOP	Colleen Huml, MD
23.	Constructing a Fundamental Framework for Comprehensive Psychological Support of Post-Release Hostages, Wrongful Detainees, and Family Members	Hira Mohyuddin, MD
24.	Implementation of Lay-Delivered Mental Health Interventions for Underserved Populations in the United States: A Scoping Review	Blessed Sheriff, MD

CONTINUING MEDICAL EDUCATION CREDIT AND PRESENTER DISCLOSURE

ACCREDITATION AND DESIGNATION STATEMENT

In support of improving patient care, this activity has been planned and implemented by American Psychiatric Association (APA) and Washington Psychiatric Society. The American Psychiatric Association (APA) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

The American Psychiatric Association (APA) designates this live activity for a maximum of *2 AMA PRA Category 1 Credit™*. Physicians should claim only credit commensurate with the extent of their participation in the activity.

PRESENTER DISCLOSURE

Mayada Akil, MD	Nothing to Disclose
Amir Afkhami, MD	Nothing to Disclose
Linda Lang, MD	Nothing to Disclose
James Magera, MD	Nothing to Disclose
Farooq Mohyuddin, MD	Nothing to Disclose
Maryland Pao, MD	Nothing to Disclose
James Potash, MD	Nothing to Disclose
Mark Rapaport, MD	Nothing to Disclose
Adelaide Robb, MD	Eli Lilly, Glaxo Smith Kline, Pfizer, Johnson and Johnson, Maplight/ Alkermes/Acadia, Neuren/ Otsuka/Syneos/Tetra/Axsome, NICHD, NIMH Neuroscience Education Institute, Nevada psychiatric Society, AACAP, Cornell Department of Psychiatry
Samuel Schiavone, MD	Nothing to Disclose

PLANNING COMMITTEE DISCLOSURE

Matthew V. Rudorfer, MD, DLFAPA	Nothing to Disclose
---------------------------------	---------------------

CLAIMING YOUR CME CREDIT

Instructions to claim CME credit will be emailed to you post meeting. Please be sure to record your attendance at the registration desk and that we have your preferred email address for follow up. Thank you for your valued participation.

A SPECIAL THANK YOU TO OUR
VISIONARY SPONSOR

OF THE WASHINGTON PSYCHIATRIC
SOCIETY



PRMS[®]

the psychiatrists'
program[®]

A SPECIAL THANK YOU TO OUR
VISIONARY SPONSOR
OF THE WASHINGTON PSYCHIATRIC
SOCIETY



A SPECIAL THANK YOU TO OUR
SUPPORTER SPONSOR
OF THE WASHINGTON PSYCHIATRIC
SOCIETY

AMERICAN
PSYCHIATRIC
ASSOCIATION

FOUNDATION



A SPECIAL THANK YOU TO OUR
PATRON SPONSOR
OF THE WASHINGTON PSYCHIATRIC
SOCIETY



A SPECIAL THANK YOU TO OUR
FRIEND SPONSOR
OF THE WASHINGTON PSYCHIATRIC
SOCIETY





THANK YOU TO OUR SPONSORS OF
RESIDENTS AND STUDENTS:

DR. TODD COX

DR. ANNE MARIE DIETRICH

DR. CONSTANCE E. DUNLAP

DR. JILLIAN EVANS

DR. CHRIS FLYNN

DR. GONZALO LAJE

DR. CATHERINE MAY

DR. MATT RUDORFER

DR. ERMINIA SCARCELLA



WPS 2026-2027 INCOMING BOARD OF DIRECTORS



**PRESIDENT-ELECT
MICHAEL B. KNABLE, DO,
DFAPA**



**APA ASSEMBLY DELEGATE
FAROOQ MOHYUDDIN, MD,
CGP, FAPA, FAGPA**



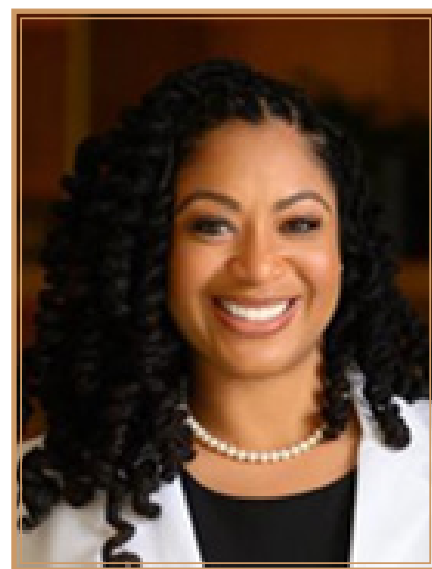
**AT-LARGE REPRESENTATIVE
JILLIAN GRAHAM EVANS,
MD**



**Resident Fellow Member
RODRIGO ALMEIDA
FONTENELE, MD**



**Resident Fellow Member
NORAH OLES, MD**

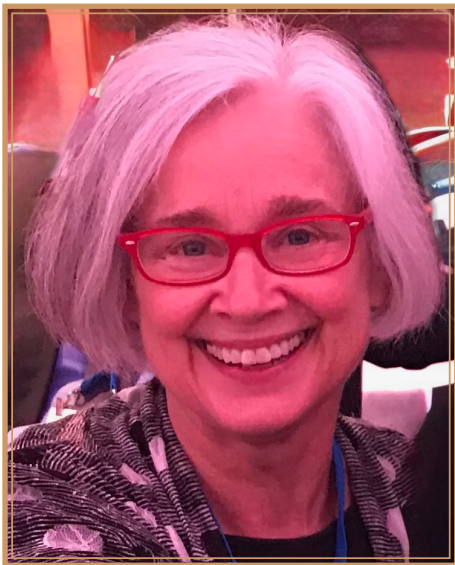


**Early Career Psychiatrist
JA'NELLE BLOCKER, MD**

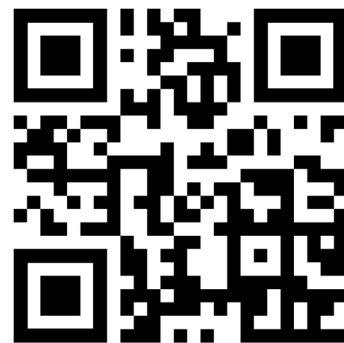
WPS EDUCATIONAL FOUNDATION

The Washington Psychiatric Society is pleased to announce the revival of the WPS Educational Foundation (WPSEF), a newly relaunched nonprofit dedicated to advancing public understanding of mental health and supporting psychiatric education across all career stages. The Foundation will focus on public education initiatives related to mental health and psychiatry, and potentially provide resources to help psychiatrists address community mental health needs throughout their professional development.

We extend our sincere gratitude to Dr. Elizabeth Morrison for her leadership in guiding the Foundation into this new chapter as President. Her vision and commitment will be instrumental in establishing WPSEF's presence and impact. This partnership marks an important step in building a sustainable and visible platform for education, outreach, and engagement in the psychiatric community.



DR. ELIZABETH MORRISON



To make donations, scan the
QR code.

THANKS TO EVERYONE WHO MADE THIS EVENT A SUCCESS

WPS 2025-2026 BOARD MEMBERS

Afifa Adiba, MD - At-Large Representative
Mayada Akil, MD, FAPA - At-Large Representative
Kathryn Baselice, MD - Early Career Psychiatrist Representative
Todd Cox, MD, DFAPA - President
Constance E. Dunlap, MD, DLFAPA - APA Assembly Representative, Area 3 Council
Jennifer Dorr, DO, MPH - Area 3 Early Career Psychiatrist Representative
Christopher Flynn, MD - Treasurer
Eindra Khin-Khin, MD, DFAPA - APA Assembly Delegate (2024-2027)
Mariam Mikadze, MD - Resident Fellow Member Representative
Farooq Mohyuddin, MD, FAPA - APA Assembly Delegate (2023-2026)
Abidemi Onabadejo, MD - Early Career Psychiatrist
Seth Rosenblatt, MD - Secretary
Jacob Schwartz, MD - APA Assembly Delegate (2025-2027)
Humaira Siddiqi, MD - President-Elect
Enrico Suardi, MD, MSc, MA, FAPA - Immediate Past President
Daniel Wesley, MD - Resident Fellow Member Representative

WPS 2025-2026 INTERNS

Abigail Escobar
Kaylin Camidge
Mary Tresvalles
Morgan Rice
Reeda Iqbal
Sokun Bagni
Stella (Hye Sung) Ryou
Urmi Roy

NEXT WAVE GROUP

Betsy Earley - Graphic Design
Kevin Feldman - Video Editing
Yolanda Johnson - WPS Executive Director
Pam Moran - Onsite registration and support
Pat Troy - Chief Executive Officer
Cathy Thompson - WPS Continuing Medication Education Committee
Dr. Louise Walters - WPS Legislative Advocacy Committee Support
Elizabeth Wood - Onsite registration and support

CONTRIBUTORS

Edco - awards
Columbia Country Club - venue
Dr. Elizabeth Morrison - venue sponsor



**Washington
Psychiatric Society**